

# Medication Therapy Management\*

**A federally mandated program created by the Centers for Medicare & Medicaid Services (CMS) to enhance therapeutic outcomes and reduce adverse drug events.**

## Services

For beneficiaries who meet Medication Therapy Management (MTM) eligibility requirements, CarePlus will integrate an additional MTM component into their monthly Evidence of Benefit (EOB) statement.

- This component provides information about how to better manage your medications.
- Also, selected MTM beneficiaries will be invited (through the EOB) to speak with a specially trained nurse or pharmacist about their medications.

## Eligibility

Beneficiaries are eligible for MTM services if they:

- Have at least two chronic conditions
- Take a minimum of eight unique, chronic medications in a 90-day period
- Will likely have medication costs of at least \$4,000 in a calendar year

Members must qualify for MTM services each plan year.

CarePlus will notify members who meet eligibility requirements through their EOB statement.

Members who are not eligible for MTM will be re-evaluated on a monthly basis and contacted if they meet program requirements.

## Cost

All MTM services are provided at no additional cost to the member.

## Working with providers

All members who participate in CarePlus' MTM program are encouraged to discuss recommendations with their physician. CarePlus will also contact prescribing physicians when safety concerns are identified.

CarePlus' MTM program is intended to be an additional health resource to encourage conversations between providers and their patients. MTM is in no way intended to interfere with a physicians' treatment plan.

As always, CarePlus advises members to consult their physician before making changes to their medications.

\* CMS, the federal agency that administers Medicare and Medicaid programs, requires all health plans that provide a Medicare prescription drug benefit to offer an MTM program to a portion of its Medicare beneficiaries as well.